

Group Therapy:

Life After 60

Participants will discuss issues common to mature adults, such as adjusting to retirement, grief, illness, relationships, and much more. The group will be led by Kristen Berglund, MA, LPC-intern, under the supervision of an experienced licensed professional counselor.

Enrollment Open Now

Space is Limited

Weekly Sessions, Fee: \$20 per week

For more information or to reserve your space, call:

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