

SAMMIE I. JONES

CURRICULUM VITAE

Office: Houston Psychotherapists, Inc.
21216 Northwest Freeway, Suite 450
Cypress, TX 77429
832-237-COPE (2673)
832-237-2626 (fax)
Sammie@houstonpsychotherapists.com
www.houstonpsychotherapists.com

Office: Behavioral Health Consultants (**Not accepting new patients at this location**)
9525 Katy Freeway Ste. 312
Houston, Texas 77024
Main: (713) 463-9449

EDUCATION

M.A., The University of Houston-Clear Lake	Clear Lake, TX
Major: Clinical Psychology	1998
B.A., The University of Houston	Houston, TX
Major: Psychology	1994
A.A., Houston Community College	Houston, TX
Major: Psychology	1991

LICENSURE

Licensed Professional Counselor, State of Texas	2000-Current
Licensed LPC Supervisor	2006-Current
Provider of Continuing Education Units	2007-Current

ACADEMIC AWARDS, ACCOMPLISHMENTS & AFFILIATIONS

Member Texas Counseling Association
Member Houston Counseling Association
President, Psi Beta, Houston Community College
(The National Honor Society in Psychology for Junior Colleges)
President, Psi Chi, University of Houston
(The National Honor Society in Psychology for Universities)
Summa cum Laude, University of Houston
Dean's List, Houston Community College
Dean's List, The University of Houston
Member Golden Key Honor Society
Past Member, Board of Directors, Social Sciences Alumni Association,
University of Houston
Nominee for Dean's Award, University of Houston

SAMMIE I. JONES

ACADEMIC AWARDS, ACCOMPLISHMENTS & AFFILIATIONS CONTINUED

Member, Clinical Psychology Student Association, University of Houston-Clear Lake

Recipient, Outstanding Student Research Project at the Third Annual Student Conference for Research and Creative Arts (1997)

Recipient, Psychiatric Technician of the Year Award, (1993)

EMPLOYMENT EXPERIENCE

Psychotherapist, Owner

Houston Psychotherapists, Inc 05/07-present

Private practice provides comprehensive psychological services including diagnosis, assessment, and psychotherapy for children, adolescents and adults: specializing in self-injury, adolescent issues and development. Oversee and manage all aspects of operating a successful business. Process and submit insurance claims, accounts payables and receivables. Supervise practicum students, clinicians, and LPC Interns. Conduct workshops on self-injury, suicide, emo and developing effective coping skills. Co-creator of the Toolbox Coping Kit™, tools to teach positive coping skills. Co-founder and owner of 2 Chicks and a Couch Publishing™.

Psychotherapist

02/02-present

Behavioral Health Consultants, Houston, TX

Private practice provides comprehensive psychological services including diagnosis, assessment, and psychotherapy for adolescents and adults.

Customer Service Agent

12/94-present

Continental Airlines, Houston, TX

Perform all airport functions relating to the loading and unloading of aircraft, handling of baggage and cargo, and safe direction of equipment and aircraft in the ramp area. Work as a team to ensure safety in all aspects of job performance.

Psychotherapist

03/01-05/02

West Oaks Hospital, Inc., Houston, TX

Work with adult, adolescent and children populations; complete psych-social assessments and Master Treatment Plans on new admissions; facilitate psycho-educational, multi-family, chemical dependency and process groups; conduct individual and family therapy sessions; assist with discharge, aftercare planning and referrals; participate in Mobil Assessment Team (to provide assessment, diagnosis, and referrals for local hospitals, suicide attempts); facilitate aftercare group and intensive outpatient therapy groups.

SAMMIE I. JONES

EMPLOYMENT EXPERIENCE CONTINUED

Research Coordinator/Assistant 08/98-05/01

University of Texas Health Science Center at Houston

Mental Sciences Institute

Coordinated clinical medication trials for bipolar disorder and major depression; educated clients about medication and treatment of disorder; facilitated bipolar and depression groups; extensive experience rating symptoms and severity of illness using various rating scales (HAM-D, Young Mania, BPRS, MADRS) and diagnosis utilizing the SCID; ensured accurate execution of research protocol; supervised both inpatient and outpatient care of clients.

Psychiatric Technician/Staff Assistant 04/90-06/95

Rosewood Pavilion for Mental Health, Houston, TX

Assisted in the admission process, maintained patient's comfort, environment and positive milieu; escorted patients off hospital ground for outings and twelve step meetings; facilitated goals groups.

Psychiatric Technician 01/93-08/93

West Oaks Hospital, Houston, TX

Aided patients with daily personal care, monitored patient behavior and recorded progress in chart.

On-line Counselor/Tech 01/92-07/93

Odyssey House of Texas, Houston, TX

Directed patient activities; facilitated morning and evening goal groups; discussed problem solving and coping skills with residents, individually and in-group.

Youth Technician 05/92-12/92

Parkside Lodge of Katy, Katy, TX

Facilitated groups and escorted off grounds for activities and twelve step meetings; organized and supervised weekend activities; assumed full responsibility of adolescent unit evenings, nights, weekends, and other times of counselors' absence.

CONTINUING EDUCATION / CERTIFICATIONS / PRESENTATIONS

Advanced Dual Diagnosis Certification

Adolescent Suicide: Assessment and Intervention

Dialectical Behavioral Therapy

Developed and Presented The Following Seminars:

Self-Injurious Behavior: Cutting, Burning, Scratching - Interventions and Alternative Coping Skills for Management of Self-Injurious Behavior:

HISD School Counselors 09/26/02

West Oaks Hospital 05/16/03

SAMMIE I. JONES

CONTINUING EDUCATION / CERTIFICATIONS / PRESENTATIONS CONTINUED

Spring ISD Counselors	10/03/03
Cypress-Fairbanks ISD Counselors	03/06/04
Rice University	02/14/05
University of Houston – Clear Lake	04/20/07
<u>Suicide: the Taboo Topic:</u>	
CASY Meeting	02/03/06
<u>Coping Strategies and Behavioral Interventions:</u>	
The Joy School	08/20/07
<u>Self-Injury: From Rebel Without a Cause to Emo Without a Clue:</u>	
Houston EAP Association	09/11/07
Cypress-Fairbanks ISD Counselors	10/23/07
Rosenberg ISD	11/02/07
Arnold Middle School Parents	11/15/07
West Oaks Hospital	01/09/08
CASY Meeting	03/07/08
Federal Bureau Investigation	04/15/08
The Briarwood School	04/24/09
<u>Emo: Ignore or Intervene:</u>	
Galena Park CASY Meeting	09/11/09
<u>Self Harm: Cut It Out!:</u>	
IntraCare North CASY	02/05/10
Westchester Academy for International Studies	03/30/10
Cypress Creek Hospital Lunch and Learn	08/10/11
<u>Anxiety: Don't Worry About It:</u>	
HAIS Counselors Meeting	02/08/10

RESEARCH & VOLUNTEER EXPERIENCE

Volunteer 03/92-03/93
Harris County Jail, Houston, TX
*Facilitated group meetings, discussed issues of addiction with women
individually and in-group.*

Volunteer 01/93-09/93
Star of Hope Mission, Houston, TX
*Worked with children, assisted in creating a positive influence and facilitating
completion of homework assignments.*

SAMMIE I. JONES

RESEARCH & VOLUNTEER EXPERIENCE

Pro Bono Counselor / Volunteer 10/09-present
Mental Health America of Greater Houston, Houston, TX
Facilitate adult women's halfway house process group.

Research Assistant 01/92-01/93
Project Match, Houston, TX
(Worked under the direction of Dr. Carlo Diclemente)
Interviewed collaterals by telephone, for this nationwide study involving the collaboration of seven universities. Utilized standardized interview to evaluate and confirm subjects' self-reported drinking patterns. Ensured accurate recording of data and maintained audio and video files of subject and collateral interviews.

Research Assistant 04/93-07/93
Powers Project, Houston, TX
(Worked under the direction of Dr. Tom Powers)
Collected student surveys of adolescent drinking patterns to evaluate the influence of peer pressure in the formation of drinking patterns.

Research Assistant 03/93-08/93
University of Houston, Houston, TX
(Worked under the direction of Melissa Frost-Westin, Psychology Doctoral Student)
Interviewed adolescents and parents to assess patterns of learning disabilities and family violence as a contributory factor. Worked with the Cypress-Fairbanks Independent School District to recruit subjects and complete assessments.

Principal Investigator 08/96-04/97
University of Houston-Clear Lake
Bystander Phenomena, Helping Behavior, and Panhandlers
Presented at Third Annual Student Conference for Research and Creative Arts and received Outstanding Student Project Award. Investigated how bystander observation of helping behavior with regard to street panhandlers may influence the behavior of the observer. Collected all data and analyzed using statistical measures; conducted all aspects of this project from conception to completion.